

# **Unemployed But Not Hopeless!**

# Project handbook

# Brief resume

WHEN? The project «Unemployed But Not Hopeless! » will take place from Monday 16 February to 24 February 2015.

WHERE? It will take place at the hostel named "Erdoğan Ege" located Ingolstadt Bulvarı No: 22 Laleli at Manisa in Turkey.

WHO? It will gather 36 persons from 4 different countries: Bulgaria, Romania, Slovenia and Turkey.

For Turkey: 7 youngs and 2 leaders

For Romania, Bulgaria and Slovenia: 8 youngs and 1 leader. The youngs are mostly aged between 18 and 30 years old

We will try to keep a balance in gender mix, but it doesn't matter if the proportions aren't perfect.

WHAT? Unemployed But Not Hopeless! will lead to contribute on personal development of people who stopped looking for job or lost the hope finding a job. To gain them in social life again, to make them aware of their own abilities and to make them feel self-confident by arranging different workshops, to make studies with their contemporaries and their elders who have faced with the same problems before and became successful on it, and present examples.

# Project's activities resume

Useful document: Annex – Activities Planning

### Arrival day

### From the İzmirairport to the hotel

You should buy your plane tickets to İzmir Adnan Menderes Airport. From the airport to city bus terminal you can use metro or Havaş services. From city bus terminal to Manisa you can find buses in half-hourly.

The Monday  $16^{th}$  February , the project's week will begin with the transportation of each partner's group from the airport to the hotel.

The organizer team will take in charge the different groups at the Manisa bus terminal, in optimal conditions.



Arrived at the airport, leaders must collect the boarding pass and give them to the organizer, this will ensure the refund of each partner. We won't be able to refund an unjustified travel!

#### Arrival at the hotel

Arrived at the hotel, the partners will be allocated to their bedrooms, so they will be able to drop their suitcases and any other luggage. Instantly, we'll show them the conveniences as the bathroom and the toilets. Each participant will then have time to install and take a little rest or do a short walk.

#### Afternoon

During the afternoon, the place will be presented in a way more complete, after which a few ice-breakers will be introduced in order to facilitate the group's relationships.

Following this, participants will benefit from the infrastructure in order to stroll, play ping-pong, volleyball game, or exercise any other leisure.

#### Evening

After dinner, other icebreakers involving all participants will be held before finalizing a few teambuilders. Following teambuilders, an atmosphere promoting the exchange will be set up by the animators, youngsters will be free for the rest of their evening. Animators will benefit from this time to have a first brief meeting to establish a relationship of trust and work together on the project.

# Breakfast, lunch, dinner

To avoid any kind of dietary problem during the project, we would appreciate that each animator prevent us about any allergy and/or specific diet.

#### Free time

During free times, youth will be free to do what they want under the supervision of the leaders.

To enhance new encounters, leaders will put in place different atmospheres where youth can thrive easily.

## Icebreakers, teambuilders

The first days, the organizing team will set up icebreakers and teambuilders, partners may prepare one or two of them as they want.

These games help introducing everybody, they ensure an atmosphere of sharing that promotes interaction between participants. Teambuilders will more specially permit the creation of mixed groups before their participation to an activity.

# **Energizers**

Each day, often before the workshops, the leaders will set up some energizers. These moments promotes and maintain conviviality and friendship. Every person must participate to them. To ensure the participation and enthusiasm of every young, each partner will participate to the organization of these energizers during the week by preparing 2 of them before their arrival.

## Presentation of the internal rules & establishing common life policy

During the first part of the Tuesday's morning, internal rules will be presented to each participant. The internal rules are defined by coordinator.

# Suggestion box & "Facebook wall"

During the second part of the Tuesday's morning, we'll briefly present the suggestion box and its usefulness. Then the youngsters will achieve a "Facebook wall", a communication tool that will allow them to exchange easily during the week.

### Workshops

During the week, each group will participate, one by one, at each workshop.

# Cultural evening

For the week, each partner will have to present his country for levening.

To achieve this, each partner can put in place a traditional dance, a typical music... Whatever you want, more it's recreative, better it is.

# Partners' preparations

Travel
☐ Book boarding pass to Adnan Menderes Airport, the travel is take in charge up to:
170€ per participant for Romania and for Slovenia, 80€ per participant for
Bulgaria. We'll only be able to refund justified travel: Please KEEP your Boarding
Pass!
Energizers
□ 2 Different Energizers
Common life policy
$\square$ Establish a common life policy with the youth (rights, duties).
Cultural Evening
□Prepare a typical dance, game, music, dish, whatever you want that give to each participant the possibility to discover a part
of your culture

# Miscellaneous

☐ Participant Infosheet: firstname, name, birthday, particular diet, allergy or any kind of health problem